



Savoury Mushrooms

Ruby M Brown

This recipe is designed for one mushroom per person. Mushrooms can be served with salad, however variations such as quiche, steamed vegetables or lasagne, are just as delicious.

Prepare the number of mushrooms as desired.

Preparation time 15 minutes.

Cooking time 20 seconds per mushroom.

Ingredients

For each Mushroom allow:-

- 1 tbspn cottage cheese
- ¼ tspn finely grated lemon rind
- 1 tbspn grated sundried tomato cheese
- 1 tspn Orgran Garden Vegetable Soup Mix
- ¼ tspn crushed garlic
- 1/8 slice of processed cheese

Method

1. Peel mushroom. Scoop out stalk
2. Place cottage cheese into a small bowl.
3. Stir in the lemon rind, cheese, soup mix and the garlic.
4. Spoon into the cavity of the mushroom.
5. Microwave on high for 20 seconds.
6. Top with triangle of cheese. Serve with salad or as desired.