

## **Avocado & Chicken Pasta Salad**

A quick preparation time only 10 minutes, with a cooking time of 20 minutes with a high heat.

This recipe will make 2 servings.

### **Ingredients**

200g Glutafin Gluten Free Pasta Penne  
1 avocado pear, peeled destined and cubed  
200g cooked chicken breast, sliced  
1 tbsp fresh torn basil  
Black pepper, freshly ground  
1 lemon-whole lemon zest and ½ the juice  
100ml Greek yogurt  
25g pine nuts, dry fried

### **Method**

1. Cook the pasta as per the instructions on the pack.
2. In a medium sized bowl mix the avocado with the lemon zest and juice.
3. Drain the cooked pasta and rinse thoroughly with cold water.
4. Combine the avocado with the chicken pasta and the yogurt, adding the pine nuts and the torn basil.
5. Serve with freshly ground black pepper.