

# Monday Lunch

# GLUTEN FREE MENU

Mark a  in the boxes next to the dishes you require with a black pen or pencil

- 1  BUILD UP SOUP (ALL FLAVOURS GLUTEN FREE)
- 2  GLUTEN FREE BREAD
- 3  BUTTER
- 4  LOW FAT SPREAD

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- 5  VEGETABLE CURRY
- 6  BEEF AND VEGETABLE CURRY
- 7  SHEPHERDS PIE (THICKENED WITH CORNFLOUR)

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- 8  BAKED JACKET WEDGES
- 9  CREAMED POTATOES
- 10  BOILED RICE

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- 11  SLICED GREEN BEANS
- 12  SWEDE

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- 13  HAM SALAD
- 14  SLICED RED LEICESTER CHEESE SANDWICH MADE WITH GLUTEN FREE BREAD

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- 15  CUSTARD
- 16  PEACHES IN RASPBERRY JELLY
- 17  VANILLA ICE CREAM
- 18  FRUIT FLAVOURED JELLY
- 19  FRESH APPLE

Name .....

Ward ..... Bay ..... Bed .....