

.....Dietitian
Horsham Hospital
Hurst Road
Horsham
West Sussex
RH12 2DR
01403 227000 ext. 7350

Produced by the Department of Nutrition & Dietetics
East Surrey PCT
DATE
Ref: gluten free prescribable products HH

East Surrey **NHS**
Primary Care Trust



Gluten Free Prescribable Products

Name:

Date:

Department of Nutrition & Dietetics

BISCUITS	WEIGHT	
Arnott's Rice Cookies (Ultraparm)	200g	
Bi-Aglut Biscuits (Ultraparm)	180g	
Dietary Specials Digestive Biscuit (Nutrition Point)	150g	
Dietary Specials Hoop Tea Biscuit (Nutrition Point)	220g	
Ener-G Vanilla Cookies (General Dietary)	435g	
Glutafin Biscuits (Nutricia)	200g	
Glutafin Tea Biscuits (Nutricia)	150g	
Glutafin Sweet Biscuits (without chocolate or sultanas) (Nutricia)	150g	
Glutafin Digestive Biscuits (Nutricia)	150g	
Glutano Tea Biscuits (Gluten Free Foods)	125g	
Glutano Shortcake Rings (Gluten Free Foods)	125g	
Glutano Digestive Biscuits (Gluten Free Foods)	200g	
Juvela Digestive Biscuits	150g	
Juvela Tea Biscuits	150g	
Juvela Sweet Biscuits	150g	
PK Foods Chocolate Chip Cookies (Gluten Free Foods)	150g	
PK Foods Cinnamon Cookies (Gluten Free Foods)	150g	
PK Foods Orange Cookies (Gluten Free Foods)	150g	
Schar Biscuits (Biscottini) 200g	200g	
Schar Frollini Tea Biscuits (Nutrition Point)	200g	
Schar Savoy Biscuits (Nutrition Point)	200g	
Ultra Sweet Bisciot (Ultraparm)	250g	

BISCUITS	WEIGHT	
Arnott's Rice Cookies (Ultraparm)	200g	
Bi-Aglut Biscuits (Ultraparm)	180g	
Dietary Specials Digestive Biscuit (Nutrition Point)	150g	
Dietary Specials Hoop Tea Biscuit (Nutrition Point)	220g	
Ener-G Vanilla Cookies (General Dietary)	435g	
Glutafin Biscuits (Nutricia)	200g	
Glutafin Tea Biscuits (Nutricia)	150g	
Glutafin Sweet Biscuits (without chocolate or sultanas) (Nutricia)	150g	
Glutafin Digestive Biscuits (Nutricia)	150g	
Glutano Tea Biscuits (Gluten Free Foods)	125g	
Glutano Shortcake Rings (Gluten Free Foods)	125g	
Glutano Digestive Biscuits (Gluten Free Foods)	200g	
Juvela Digestive Biscuits	150g	
Juvela Tea Biscuits	150g	
Juvela Sweet Biscuits	150g	
PK Foods Chocolate Chip Cookies (Gluten Free Foods)	150g	
PK Foods Cinnamon Cookies (Gluten Free Foods)	150g	
PK Foods Orange Cookies (Gluten Free Foods)	150g	
Schar Biscuits (Biscottini) 200g	200g	
Schar Frollini Tea Biscuits (Nutrition Point)	200g	
Schar Savoy Biscuits (Nutrition Point)	200g	
Ultra Sweet Bisciot (Ultraparm)	250g	

BREAD	WEIGHT	
Bakers Delight White Loaf	220g	
Barkat Multigrain (sliced) (Gluten Free Foods)	450g	
Barkat White Rice Bread (sliced) (Gluten Free Foods)	450g	
Barkat Brown Rice Bread (sliced) (Gluten Free Foods)	450g	
Dietary Specials Brown Sliced Loaf (Nutrition Point)	400g	
Dietary Specials White Multigrain Sliced Loaf (Nutrition Point)	400g	
Dietary Specials Brown Multigrain Sliced Loaf (Nutrition Point)	400g	
Dietary Specials White Sliced Loaf (Nutrition Point)	400g	
Ener-G White Rice Bread (sliced) (General Dietary)	456g	
Ener-G Tapioca Bread (sliced) (General Dietary)	480g	
Ener-G Brown Rice Bread (General Dietary)	474g	
Ener-G Seattle Brown Loaf (General Dietary)	600g	
Ener-G Six Flour Loaf (General Dietary)	576g	
Ener-G Rice Loaf (General Dietary)	456g	
Glutafin Select White Loaf (sliced or unsliced) (Nutricia)	400g	
Glutafin Select Fresh White Loaf (sliced) (Nutricia)	400g	
Glutafin Select Fibre Loaf (sliced or unsliced) (Nutricia)	400g	
Glutafin Select Seeded Loaf (Nutricia)	400g	

BREAD	WEIGHT	
Bakers Delight White Loaf	220g	
Barkat Multigrain (sliced) (Gluten Free Foods)	450g	
Barkat White Rice Bread (sliced) (Gluten Free Foods)	450g	
Barkat Brown Rice Bread (sliced) (Gluten Free Foods)	450g	
Dietary Specials Brown Sliced Loaf (Nutrition Point)	400g	
Dietary Specials White Multigrain Sliced Loaf (Nutrition Point)	400g	
Dietary Specials Brown Multigrain Sliced Loaf (Nutrition Point)	400g	
Dietary Specials White Sliced Loaf (Nutrition Point)	400g	
Ener-G White Rice Bread (sliced) (General Dietary)	456g	
Ener-G Tapioca Bread (sliced) (General Dietary)	480g	
Ener-G Brown Rice Bread (General Dietary)	474g	
Ener-G Seattle Brown Loaf (General Dietary)	600g	
Ener-G Six Flour Loaf (General Dietary)	576g	
Ener-G Rice Loaf (General Dietary)	456g	
Glutafin Select White Loaf (sliced or unsliced) (Nutricia)	400g	
Glutafin Select Fresh White Loaf (sliced) (Nutricia)	400g	
Glutafin Select Fibre Loaf (sliced or unsliced) (Nutricia)	400g	
Glutafin Select Seeded Loaf (Nutricia)	400g	

BREAD cont'd**WEIGHT**

Rite-Diet Part Baked Fibre Loaf (Nutricia)	400g	
Schar White Bread (sliced) (Nutrition Point)	200g	
Schar Brown Bread (sliced) (Nutrition Point)	250g	
Schar French Bread (Baguette) (Nutrition Point)	400g	
Ultra High Fibre Bread (Ultraparm)	500g	
Ultra Baguette (Ultraparm)	500g	
Ultra Gluten Free White Part Baked Bread (Ultraparm)	400g	
Valpoform Country Loaf (sliced) (Gluten Free Foods)	400g	
Valpiform Petites Baguettes (Gluten Free Foods)	320g	

ROLLS**WEIGHT**

Dietary Specials Long White Rolls (Nutrition Point)	140g	
Ener-G Seattle Brown Rolls (Hamburger) (General Dietary)	476g	
Ener-G Seattle Brown Rolls (Hotdog) (General Dietary)	476g	
Glutafin Select Part Baked Fibre Rolls (Nutricia)		
Glutafin Select Part Baked Long Fibre Rolls (Nutricia)		
Glutafin Select Part Baked Long White Rolls (Nutricia)		
Glutafin Select Part Baked White Rolls (Nutricia)		

ROLLS Cont'd**WEIGHT**

Glutafin Select Fibre Rolls (Nutricia)		
Glutafin Select White Rolls (Nutricia)		
Glutafin Wheat Free Rolls (Nutricia)		
Glutafin Wheat Free Fibre Rolls (Nutricia)		
Glutano Par-Baked White Rolls (Gluten Free Foods)	200g	
Juvela White Bread Rolls	425g	
Juvela Fibre Bread Rolls	425g	
Juvela Part Baked Fibre Rolls	375g	
Juvela Part Baked White Rolls	375g	
Lifestyle Fresh White Bread Rolls (Ultraparm)		
Lifestyle Fresh Brown Bread Rolls (Ultraparm)		
Lifestyle High Fibre Rolls (Ultraparm)		
Rite-Diet Fibre Rolls (Nutricia)		
Rite-Diet White Rolls (Nutricia)		
Rite-Diet Part Baked Long Fibre Rolls (Nutricia)	280g	
Rite-Diet Part Baked Long White Rolls (Nutricia)	280g	
Schar White Bread Rolls Focaccia (Nutrition Point)	150g	
Schar White bread Buns Panini (Nutrition Point)	200g	
Schar Lunch Rolls	150g	
Ultra White Part Baked Rolls (Ultraparm)	280g	

BREAD cont'd**WEIGHT**

Rite-Diet Part Baked Fibre Loaf (Nutricia)	400g	
Schar White Bread (sliced) (Nutrition Point)	200g	
Schar Brown Bread (sliced) (Nutrition Point)	250g	
Schar French Bread (Baguette) (Nutrition Point)	400g	
Ultra High Fibre Bread (Ultraparm)	500g	
Ultra Baguette (Ultraparm)	500g	
Ultra Gluten Free White Part Baked Bread (Ultraparm)	400g	
Valpoform Country Loaf (sliced) (Gluten Free Foods)	400g	
Valpiform Petites Baguettes (Gluten Free Foods)	320g	

ROLLS**WEIGHT**

Dietary Specials Long White Rolls (Nutrition Point)	140g	
Ener-G Seattle Brown Rolls (Hamburger) (General Dietary)	476g	
Ener-G Seattle Brown Rolls (Hotdog) (General Dietary)	476g	
Glutafin Select Part Baked Fibre Rolls (Nutricia)		
Glutafin Select Part Baked Long Fibre Rolls (Nutricia)		
Glutafin Select Part Baked Long White Rolls (Nutricia)		
Glutafin Select Part Baked White Rolls (Nutricia)		

ROLLS Cont'd**WEIGHT**

Glutafin Select Fibre Rolls (Nutricia)		
Glutafin Select White Rolls (Nutricia)		
Glutafin Wheat Free Rolls (Nutricia)		
Glutafin Wheat Free Fibre Rolls (Nutricia)		
Glutano Par-Baked White Rolls (Gluten Free Foods)	200g	
Juvela White Bread Rolls	425g	
Juvela Fibre Bread Rolls	425g	
Juvela Part Baked Fibre Rolls	375g	
Juvela Part Baked White Rolls	375g	
Lifestyle Fresh White Bread Rolls (Ultraparm)		
Lifestyle Fresh Brown Bread Rolls (Ultraparm)		
Lifestyle High Fibre Rolls (Ultraparm)		
Rite-Diet Fibre Rolls (Nutricia)		
Rite-Diet White Rolls (Nutricia)		
Rite-Diet Part Baked Long Fibre Rolls (Nutricia)	280g	
Rite-Diet Part Baked Long White Rolls (Nutricia)	280g	
Schar White Bread Rolls Focaccia (Nutrition Point)	150g	
Schar White bread Buns Panini (Nutrition Point)	200g	
Schar Lunch Rolls	150g	
Ultra White Part Baked Rolls (Ultraparm)	280g	

PIZZA BASES**WEIGHT**

Barkat White Rice Pizza Crust (Gluten Free Foods)	150g	
Barkat Brown Rice Pizza Crust (Gluten Free Foods)	150g	
Ener-G Pizza Bases (General Dietary)	220g	
Glutafin Wheat Free Pizza Bases (Nutricia)	220g	
Juvela Pizza Bases	360g	
Schar Pizza Bases (Nutrition Point)	300g	
Trufree Pizza Bases (Nutricia)	220g	
Ultra Part Baked Pizza Bases (Ultraparm)	400g	

CRACKERS**WEIGHT**

Bi-Aglut Crackers (Novartis)	150g	
Bi-Aglut Cracker Toast (Novartis)	240g	
Dietary Specials Cracker Bread (Nutrition Point)	150g	
Dietary Specials Crackers (Nutrition Point)	250g	
Glutafin Crackers (Nutricia)	200g	
Glutafin Crispbread (Nutricia)	250g	
Glutafin Crisp Rolls (Nutricia)	220g	
Glutafin High Fibre Crackers (Nutricia)	200g	
Glutafin Savoury Shorts (Nutricia)	150g	
Glutafin Savoury Biscuits (Nutricia)	125g	
Glutano Crispbread (Gluten Free Foods)	125g	
Glutano Crackers (Gluten Free Foods)	150g	
Juvela Crispbread	200g	

CRACKERS Cont'd**WEIGHT**

Juvela Savoury Biscuits	150g	
Orgran Corn Crispbread (Community Foods Ltd)	200g	
Orgran Rice Crispbread (Community Foods Ltd)	200g	
PK Foods Crispbread (Gluten Free Foods)	75g	
Schar Crackers (Nutrition Point)	200g	
Schar Cracker Toast (Nutrition Point)	150g	
Schar Grissini Breadsticks (Nutrition Point)	150g	
Schar Crispbread (Nutrition Point)	250g	
Ultra Crackers (plain) (Ultraparm)	130g	
Ultra Crackers (cheese) (Ultraparm)	130g	
Ultra Crackers (garlic) (Ultraparm)	130g	
Valpiform Crisp Roll (Gluten Free Foods)	220g	
Valpiform Crac-Form (Gluten Free Foods)	250g	

FLOURS and MIXES**WEIGHT**

Barkat Bread Mix (Gluten Free Foods)	500g	
Dietary Specials Brown Bread Mix (Nutrition Point)	250g	
Dietary Specials White Bread Mix (Nutrition Point)	500g	
Dietary Specials Pastry Mix (Nutrition Point)	600g	
Dietary Specials White Cake Mix (Nutrition Point)		
Dietary Specials Fibre Mix (Nutrition Point)		

FLOURS and MIXES cont'd**WEIGHT**

Dietary Specials White Mix (Nutrition Point)	454g	
Glutafin White Mix (Nutricia)		
Glutafin Fibre Mix (Nutricia)		
Glutafin Select Bread Mix (Nutricia)	500g	
Glutafin Select White Mix (Nutricia)	500g	X
Glutafin Select Cake Mix (Nutricia)	500g	
Glutafin Select Fibre Mix (Nutricia)	500g	
Glutafin Select Pastry Mix (Nutricia)		
Glutafin Wheat Free Cake Mix (Nutricia)	500g	
Glutafin Wheat Free Bread Mix (Nutricia)	500g	
Glutafin Wheat Free Fibre Mix (Nutricia)	500g	
Glutafin Wheat Free Fibre Bread Mix (Nutricia)	500g	
Glutafin Wheat Free Pastry Mix (Nutricia)	500g	
Glutafin Wheat Free White Mix (Nutricia)	500g	
Glutano Flour Mix (Gluten Free Foods)	750g	
Heron Foods High Fibre Bread Mix (Wheat Free)	500g	
Heron Foods High Fibre Bread Mix	500g	
Heron Foods Bread and Cake Mix	500g	
Heron Foods Bread Mix	500g	
Innovative Solutions Flour	1000g	
Juvela Harvest Mix	500g	
Juvela White Mix	500g	
Juvela Fibre Mix	500g	

FLOURS and MIXES cont'd**WEIGHT**

Orgran Bread Mix (Community Foods Ltd)	450g	
Orgran Pizza and Pastry Multimix (Community Foods Ltd)	375g	
Orgran SR Flour (Community Foods Ltd)	500g	
PK Foods Flour Mix (Gluten Free Foods)	750g	
Rite-Diet White Mix (Nutricia)	500g	
Rite-Diet Fibre Mix (Nutricia)	500g	
Schar Bread Mix (B) (Nutrition Point)	1000g	
Schar Cake Mix (A) (Nutrition Point)	500g	
Schar Flour Mix (C) (Nutrition Point)	1000g	
Tritamyl Flour (Gluten Free Foods)	2000g	
Tritamyl Brown Bread Mix (Gluten Free Foods)	1000g	
Tritamyl White Bread Mix (Gluten Free Foods)	2000g	
Valpiform Bread Mix (Gluten Free Foods)	1000g	
Valpiform Pastry Mix (Gluten Free Foods)	1000g	

PASTA**WEIGHT**

Bi-Aglut Spaghetti (Novartis)	500g	
Bi-Aglut Fusilli (Novartis)	500g	
Bi-Aglut Penne (Novartis)	500g	
Bi-Aglut Macaroni (Novartis)	500g	
Bi-Aglut Lasagne (Novartis)	500g	
Ener-G Shells (General Dietary)		

PASTA cont'd

WEIGHT

Ener-G Small Shells (General Dietary)		
Ener-G Spaghetti (white) (General Dietary)		
Ener-G Lasagne (white) (General Dietary)		
Ener-G Tagliatelle (white) (General Dietary)		
Ener-G Vermicelli (white) (General Dietary)		
Ener-G Cannelloni (white) (General Dietary)		
Ener- G Macaroni (white) (general Dietary)		
Ener-G Brown Rice Spaghetti (General Dietary)		
Ener-G Brown Rice Macaroni (General Dietary)		
Ener-G Brown Rice Lasagne (General Dietary)		
Glutafin Macaroni Penne (Nutricia)		
Glutafin Lasagne (Nutricia)		
Glutafin Shells (Nutricia)		
Glutafin Spirals (Nutricia)		
Glutafin Tagliatelli (Nutricia)		
Glutafin Spaghetti Long Cut (Nutricia)		
Glutano Macaroni (Gluten Free Foods)	500g	
Glutano Spaghetti (Gluten Free Foods)	250g/500g	
Glutano Spirals (Gluten Free Foods)	250g/500g	
Glutano Animal Shapes (Gluten Free Foods)	250g	
Glutano Tagliatelle (Gluten Free Foods)	250g	
Orgran Buckwheat Spirals (Community Foods Ltd)	250g	

PASTA cont'd

WEIGHT

Orgran Rice and Corn Macaroni (Community Foods Ltd)	250g	
Orgran Rice and Corn Mini Lasagne (Community Foods Ltd)	200g	
Orgran Rice and Corn Spirals (Community Foods Ltd)	250g	
Orgran Rice and Millet Spirals (Community Foods Ltd)	250g	
Orgran Rice Sprials (Community Foods Ltd)	250g	
PK Foods Sprials (Gluten Free Foods)	250g	
Schar Fusilli (Nutrition Point)	500g	
Schar Spaghetti (Nutrition Point)	500g	
Schar Lasagne (Nutrition Point)	250g	
Schar Macaroni Pipette (Nutrition Point)	500g	
Schar Penne (Nutrition Point)	500g	
Ultra Penne (Ultraparm)		
Ultra Fusilli (Ultraparm)		
Ultra Spaghetti (Ultraparm)		
Ultra Tagliatelle (Ultraparm)		