

CRAWLEY GLUTEN FREE GROUP

NEWSLETTER NUMBER 7, OCTOBER 2007

1. Good meeting on the 22nd September by Johnson's Dietary Provisions, Helen Pengelly, who introduced a whole range of new and interesting GF foods. The raffle, organised by Dodie, made £20 and we had 7 new members join, we then had tea and coffee, thanks to Nancy Vince and AJ, and finally we must not forget Michelle at the door, she does a great job, checking in our members.
2. Support for our planned Xmas lunch looks good, we should at least have 20 people, £5 deposit to be paid in October 2007.
3. Progress on our web site. I am pleased to report that it is under way. We have new logo, we have lots of good ideas, see draft web page, we have lots of sponsors, so it is all looking great.
4. Our Itinerary for 2008 is coming along very well. Will open the content up, at the planning open meeting on the 17th November. One thing we can mention is that we are planning to have GF Celebration Day on the 16th February, which is our first anniversary and we are pleased to announce that The Worshipful the Mayor of Crawley, Councillor Sally Blake, has confirmed that she will attend our Anniversary Meeting, so that's great news. All our other dates for 2008 are full till after our Summer break, so we have some really good events planned for the New Year.
5. We still require a few more testimonials to add to our web site, please if you think we are doing the right thing and you are getting something out of our efforts, then please tell us and we will put it in the web page. If you are not on the internet, then give me a ring and I will provide you with our address and you can drop us a line, which we can scan to put on the web page.

Future events:-

- 20th October, today's meeting and cookery demonstration, we welcome Juvela.
- 17th November an open meeting, we plan to a) discuss what you think of our meetings?, timing and the day of the meetings?, what should we include?, have your say about things, any ideas about our web page?. Eat out more?. This is your opportunity to help us organise the next year.
- 13th December our Xmas lunch
- New Year 2008
- 19th January to be announced, not yet confirmed.
- 16th February, our first anniversary, a Celebration Day is planned, with our guest speaker, The Worshipful the Mayor of Crawley, Councillor Sally Blake.
- 15th March to be announced, confirmed speaker
- 19th April to be announced confirmed speaker
- 17th May to be announced confirmed speaker

For more information contact Don Tombs, Organiser/Founder CGFG
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