

## THE CRAWLEY GLUTEN FREE GROUP

NEWSLETTER 49

June 2011

1. Our usual monthly meeting this month was a cookery demonstration by JUVELA. As usual this was a great success (see Picture). Jacqui and Dawn from Juvlea gave a great demonstration, yet kept it quick and simple, they made pizzas, muffins, bread, chocolate items, all was eaten and enjoyed. Dawn then handed out tons of bread, rolls, boxes of chocolate tasties, new cereals, and finally all was given away. Members commented that they never knew, that so many different foods were available. We then had a great raffle, thanks to Dodie, Mike & Gordon, Angie did a great job in the kitchen, assisted by some other members, thanks to Ann at the door, we took on 3 new members, all in all a great day, hope to repeat it again next year.

The meeting had commenced with Don Tombs reading from a letter, he had received from Sarah Sleet, CEO CUK, she stated quite categorically, that CUK do not support the NHS cuts, however the CGFG were then shown emails from the South Coast Alliance, which actually say "that the proposed cuts were accepted by CUK". This story will continue, in the meantime the North West Sussex PCT have announced, that there will be no cuts in fresh bread, or at this point in time in anything at all, finally saying that our Group will be invited to present their views at a local Meeting, before announcements are made, we wait for the invitation!.

2. A small "Proud to be British Farmers" sent us a box of lovely gluten free crisps, which we will place in our next raffle, their full details are being added to our Links on the web site.

3. So what about the news, that the top tennis player in the world, the Serb Novak Djokovic is a Coeliac and is on a strict gluten free diet, which he believes gives him the strength and skills to win the Tennis Masters, so there is still time for you all yet.

4. We tried the latest Fish & Chip Shop to offer us gluten free battered fish, they do GF on the last Saturday of each month, picture attached.

5. Good news from Australia, where they have been testing out a Coeliac Vaccine and in Phase 1, it is showing promising results. Nexvax28 is being tested in Melbourne. Dr Anderson of the Walter and Eliza Hall Institute's Immunology Division, says that Nexvax28 aims to desensitise patients in the three specific peptides in gluten, that have previously identified as toxic, to people with the Coeliac disease.

6. Some more serious news from the USA. 7 years ago the American Congress ordered the Federal Drug Agency (FDA) to define what is meant by products being Gluten Free, now 4 years later the FDA has still not defined the Food Allergen Labelling. So what's the holdup?, according to Aleissio Fasasno, Medical Director for the Center for Celiac Research, the FDA has spent years listening to everybody and is still lingering. A group hosted a Labelling Summit in Washington DC on May 4<sup>th</sup> 2011, to present to the lawmaker's "the world's largest gluten free cake". They have now created a Petition for all to sign, demanding that the FDA now define, what is meant by Gluten-Free.

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