

THE CRAWLEY GLUTEN FREE GROUP
NEWSLETTER 39 **JUNE 2010**

We hope you have a good Summer Break, next Newsletter 40 in September 2010

1. Great meeting on the 15th May, with Juvela giving us a wonderful cookery demonstration, lots of different recipes and lots of tasties, also Juvela handed out free bags of goodies, so thanks to Jacky, Dawn and her friend and to Anna at Juvela Central Office. We have a collage of pictures, showing the day, it is posted under this newsletter.

Also thanks to Dodie for the raffle, another successful one, to Angie for her help at the door and for the tea/coffee, thanks to various people who helped her, thanks to Mike and Sheila for drawing the raffle and finally thanks to our members especially the 4 new families.

Each person who purchased a raffle ticket was given one of our new Stainless Steel engraved CGFG Key Rings, one of our ways of saying thanks to our members.

2. For your information, Dominos Pizzas, has decided to introduce gluten free pizzas in **New Zealand**. **Domino's** General Manager, Ryan Bohm said the introduction of gluten free pizzas, was a direct response from customers who love pizzas, but are gluten intolerant.

3. **NB** We have now **closed** our **Monthly Meetings** till after the Summer holidays, however we will be having a stall for a **Fun Day**, on Saturday the 10th July 2010, at the Gales Drive Junior School, Gales Drive, Crawley, from 12noon till 4.00pm, please come along either as a pure spectator, or to join us at our stall, helping to introduce to any visitors, explaining what Gluten Free means, from real persons who suffer from this Gluten intolerance. We hope to have a super raffle/draw, with a star top prize, so please try to support us.

4. In the USA there is a move towards producing a tasty and nutritious gluten free loaf. Researchers at Teagasc Food Research Ashtown, are formulating palatable gluten free breads, with enhanced nutritional properties, using pseudo cereals Amaranth, Quinos and Buckwheat to replace wheat.

Dr Gallagher of Teagasc, says these projects have yielded novel information which will help the gluten free baking industry.

5. Also in the USA there is a new web site which has been established to show Videos describing the Coeliac Disease, see <http://myceliacblog.com/archives/425>. It also allows you to leave replies.

6. Last but not least 2 more countries have opened our web site, The Yemen and San Marino, making it now 133 different countries (only 40ish more to go).

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