

CRAWLEY GLUTEN FREE GROUP NEWSLETTER NO.3 April 2007

1. Our last raffle was banked and we still have a positive balance, but very small.
2. We visited the Crawley Voluntary Services Offices, regarding a small grant, they told us the following:-
 - a) we must appoint a Committee, President Treasurer, Secretary etc.
 - b) we must have an equal opportunities policy.
 - c) we have a revised set of Aims & Objectives, which now state we have a Committee.
- 3 We do need to obtain a small grant as the Church has told us we need a public liability insurance policy , to pay for this we will either sell more raffle tickets or pay a small contribution towards our costs, or get a small grant, what do you think?.
4. We contacted the Crawley Hospital Dietician regarding the lack of a GF diet in the East Surrey Hospital, she assures us that there is a GF diet available.
5. The crossed grain editor has still not contacted us or replied to our email.
- 6 We all enjoyed an excellent GF meal at the Crawley Training College.

We are still trying to contact the Crawley restaurants.

Future event planned:-

21st April, a tasting session.

19th May, talk by Helen Blunn

16th June, talk by local GF Supplier.

Break for summer break

22nd September, talk by GF Supplier

20th October, Baking demonstration by Juvela

17th November

Mid-December Xmas GF Luncheon