

CRAWLEY GLUTEN FREE GROUP, NEWSLETTER 15 JUNE 2008

1. What's happened in May 2008

1/1 We had some happy times outside and inside the Coffee Republic Café, on the 13th and the 15th May, Gluten Free Awareness Week, see pictures under newsletter 14, thanks to Angela, Dodie, Zoe, AJ, Pam P and the Crawley Observer. Thanks to Emma/Jackie of Honeybuns and Neil Barker of Fayrefree Foods for their delicious cakes. Also the Manager of the café was extremely helpful, he currently stocks a single GF cake, but hopes soon to stock a choice, so try them when in town.

We have added his café's address and details to our list of GF Restaurants/Cafes.

1 /2 Our meeting on the 17th May 2008, with Susie Cole of Redhill Wiltshire Farm Foods. Susie brought along a variety of per frozen gluten free meals and ice cream. Our members samples a number of different meals, they were very tasty, with tea/coffee. Dodie's raffle went well, though the number of members at the meeting was poor, although many had previously told us that they couldn't make it. Angie, Mike and Zoe made the tea, so all in all we covered our costs. 3 new members joined.

1/3 Our web site some fresh updates and it has been opened by 42 different countries.

2. What's happening in June 2008 & Future events

2/1 We are stopping for a Summer Break, unless someone has some suggestions. We will continue to update the website and send out emails to our members, so keep looking and let us know if you wish something to be included.

NB SO DATE OF NEXT MEETING IS THE 20TH SEPTEMBER 2008

2/2 September meeting speaker will be by a GF Supplier "Pure Flavour".

2/3 Meeting in October on the 18th, we have a confirmed Speaker, Neil Barker of "Fayrefree Foods".

2/4 Meeting on the 15th November a Sussex GF Supplier, Kates Cakes, will be giving us a presentation.

2/5 Where shall we have our Xmas Lunch, do you still want one?. Please let us know your ideas or wishes.

3. What's happening in the world around us.

3/1 In the US around 1% of the population suffer from the Coeliac disease. So it was decided to carry out a study of the elderly, so 2815 individuals aged 52-74 years, who had showed no signs of the celiac disease, were selected and tests were carried out. These showed that 2.45% had some form of the disease and that the prevalence of coeliac disease, in elderly people, was higher than in the general population. Recommendation for more screening of the elderly.

3/2 A small update on the AT1001 tests, the pill is called Larazotide and so far it is not too successful, it does reduce the gluten leakage into the intestine, but the researchers have decide they need a larger trial. The drug is made by Alba Therapeutics.

**Produced by The Crawley Gluten Free Group (CGFG)
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