

CRAWLEY GLUTEN FREE GROUP
FEBRUARY 2008/02 **NEWSLETTER NO. 11**
HAPPY ANNIVERSARY, MEETING ON THE 16th FEB.

1. We have a temporary booking for the Wednesday the 23rd April, for a Spring Gluten Free Lunch in the Crawley Training College, for £9.50pp. We need to get at least 12 people to accept, before we can confirm the booking, will you please let us know, if you wish to attend.

2. We had a super meeting, first for 2008, on the 19th January, around 27 people attended, Barry from Lifestyle gave an excellent talk, with lots of tasties, then he introduced his bags of goodies, at £10 for six items, great value for money, he sold out of them, as usual, it was a great start to the year, with 4 new members joining, so we now have 50+ members registered. The raffle was very good, organised by Dodie, it made £28 and the tea/coffee organised by Nancy and AJ made a further £8, so it was very successful, can we have a few more volunteers to help please.

3. Our thanks go to Jocelyn of The Crawley News and Matt of the RH10 Magazine for mentioning our Group's events and giving us vital publicity, we have added their articles to our News Pages on the web site.

4. Received a telephone call, pm on Tuesday 22nd January, from the Crawley Mayor's Secretary. She said that, "due to unforeseen circumstances the Mayor, Cllr Sally Blake will be unable to attend". She went on to inform us, "that in her place, attending our meeting, will be the Deputy Mayor, Dr.Howard Bloom and the Deputy Mayoress Mrs Sue Bloom" for which we are extremely grateful, otherwise arrangements for the 16th February will all remain as planned.

5. By now all Coliac UK members will have received a letter informing them that as from this year, there will be a yearly membership charge of £20 for Individuals, £10 Concession, £25 Household, with 74% of the people who voted apparently agreed to this charge. It is interesting to note the address for sending the Direct Debit forms for Coeliac UK, is Crawley RH10 9PY, we wonder if they wish to join our Group?.

By the way will you please note through this newsletter, that The Crawley Gluten Free Group has no intention of charging for our services.

6. A final reminder for our next meeting 16th February, our first Anniversary Celebration Day. We have contacted quite a few Gluten Free Suppliers to ask for their support and we are pleased to say that so far all have accepted or request for leaflets, posters and samples, so it should be a great day. So please try to get there early and help us set up the hall, with posters and tables.

7. Finally we have had a request from Innovative Solutions, who supplied us in December with lots of samples, you all had samples of their products, so what did you think of them?. So see you all on the 16th February 2008, web site still being opened all around the world, so we must be doing some good to gluten sufferers.

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